



PARTICIPANTS NEEDED

Do you have ME/CFS or Fibromyalgia?

Are you aged 18-30?

Do you live in Adelaide?

Do you want to share your story?

If this is you then you are invited to participate in an 8-session group to collectively develop a resource for people living with ME/CFS and Fibromyalgia. This resource will be based on your stories of lived experience and may take a variety of forms such as a booklet, website, short film, photo essay, collection of short fiction etc – it will be up to the group to decide. This is a chance to tell your story, to connect with others and to co-author a much-needed resource to both help others living with these conditions and to educate the general public.

This group is taking place as part of my PhD research project at UniSA on young adult's lived experiences of ME/CFS and Fibromyalgia. The resource that we create will form the basis of my thesis discussion and analysis.

Please know that I have ME/CFS myself and I am mindful of the debilitating effects of these conditions. I aim to make group as chronic illness friendly as I can.

For more information please contact me and I will send you a detailed information sheet.

If you are interested in taking part or have any questions please contact me:



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This project has been approved by the University of South Australia's Human Research Ethics Committee.